

At Home With Growing Older

2017-2018 Calendar

Forums

HOW-TO /
DIY



NAVIGATING THE ENCORE YEARS

Life Coaching as a tool to shape the aging experience.
Presenter: Josephine Withers

October 5, 2017: 6pm to 8pm
Rhoda Goldman Plaza
2180 Post Street, San Francisco
Street Parking or #38 Bus
Co-Sponsor: Rhoda Goldman Plaza

RESEARCH /
ANALYSIS



SENSE OF TASTE – EXPERIENCE OF AGING

How the altered sense of taste influences the emotional and social experience of aging.
Presenter: Benay Dara-Abrams

November 2, 2017: 6pm to 8pm
Ed Roberts Campus
3075 Adeline St., Berkeley
Free Parking near Ashby BART
Co-Sponsor: CforAT

COMMUNITY /
POLICY



MAINTAINING SOCIAL CONNECTIONS

3 models, 3 approaches: Senior Center without Walls, SF Village, Little Brothers/Friends of the Elderly
Panelists: Katie Wade, Kate Hoepke, Cathy Michalec

December 7, 2017 : 6pm to 8pm
Ed Roberts Campus, Berkeley
3075 Adeline St., Berkeley
Free Parking near Ashby BART
Co-Sponsor: CforAT

REIMAGINE /
RETHINK



THE LOST ART OF DYING: This new book is a guide to reducing the risks of medical overtreatment and finding those helpful medical allies in the last 1/3 of life.
Presenter: Katy Butler, Journalist, Author, 'Knocking On Heaven's Door'

January 11, 2018 : 6pm to 8pm
Ed Roberts Campus, Berkeley
3075 Adeline St., Berkeley
Free Parking near Ashby BART
Co-Sponsor: CforAT

COMMUNITY /
POLICY



SOCIAL SECURITY AND RESIST

Social Insurance & Social Justice: Social Security, Medicare and the Campaign Against Entitlements
Presenter: Carroll Estes

February 18, 2018 : 6pm to 8pm
TBD
San Francisco
Co-Sponsor: TBD

REIMAGINE /
RETHINK



SACRED DYING

Philosophy developed by Dr. Megory Andersen through her experience in helping hundreds through the transition from life to death.
Presenter: Megory Andersen

March 1, 2018 : 6pm to 8pm
Ed Roberts Campus, Berkeley
3075 Adeline St., Berkeley
Free Parking near Ashby BART
Co-Sponsor: CforAT

REIMAGINE /
RETHINK



'INSIDER VOICES'

Panel discussion with 4 elders who have made different choices about their path.
Moderator: TBD

April 5, 2018: 6pm to 8pm
Rhoda Goldman Plaza
2180 Post Street, San Francisco
Street Parking or #38 Bus
Co-Sponsor: Rhoda Goldman Plaza

REIMAGINE /
RETHINK



THE LANGUAGE OF AGING

How we write about older age, what words do we use, what is taboo, what get's written about.
A discussion among writers and journalists.

June 7, 2018 : 6pm to 8pm
TBD
San Francisco
Co-Sponsor: TBD

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Special Events

REIMAGINE /
RETHINK



INTEGRATED / COORDINATED CARE MODELS

A panel discussion on how to deliver integrated and coordinated care on a local level from medical, funding and community perspectives.
Panelists: Bob Edmondson, Andy Scharlach, Ken Covinsky and Susan Poor (moderator).

September 5 : 6pm to 8pm

Ed Roberts Campus, Berkeley
3075 Adeline St., Berkeley
Free Parking near Ashby BART
Co-Sponsor: CforAT and Stadler Architecture

COMMUNITY /
POLICY



AGEISM AND FEMINISM

About the many roles women play in older age, from care giver to role model.

May 3, 2018: 6pm to 8pm

TBD
970 Grace Ave, Oakland
Street Parking near Ashby BART
Co-Sponsors: TBD

Performance followed by discussion.

Aging 360

HOW-TO /
DIY



AGING 360 WORKSHOP

A fun, interactive, DIY workshop in 1-3 sessions for groups of seniors and families that teaches participants how to live better in their homes by tapping into their own creativity.

October 5, 12, and 19, 2017
10 am to 12pm
St. Francis Episcopal Church,
San Francisco
Co-Sponsor: Private Donor

For further information, to book and/or sponsor a workshop:
Aging360@gmail.com

October 10, 2017
10 am to 12pm
Network for the Elder
City College, San Francisco
Partner: Community Living Campaign

October 2017
TBD
Visitacion Valley Neighborhood
Group, San Francisco
Partner: Felton Institute

HOW-TO /
DIY



Participatory,
hands-on learning

COMMUNITY /
POLICY



Advocacy, Activism
and Collaboration

REIMAGINE /
RETHINK



Out-of-the-box
thinking and innovation

RESEARCH /
ANALYSIS



Digging deeper into studies,
market analysis,
academic research

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